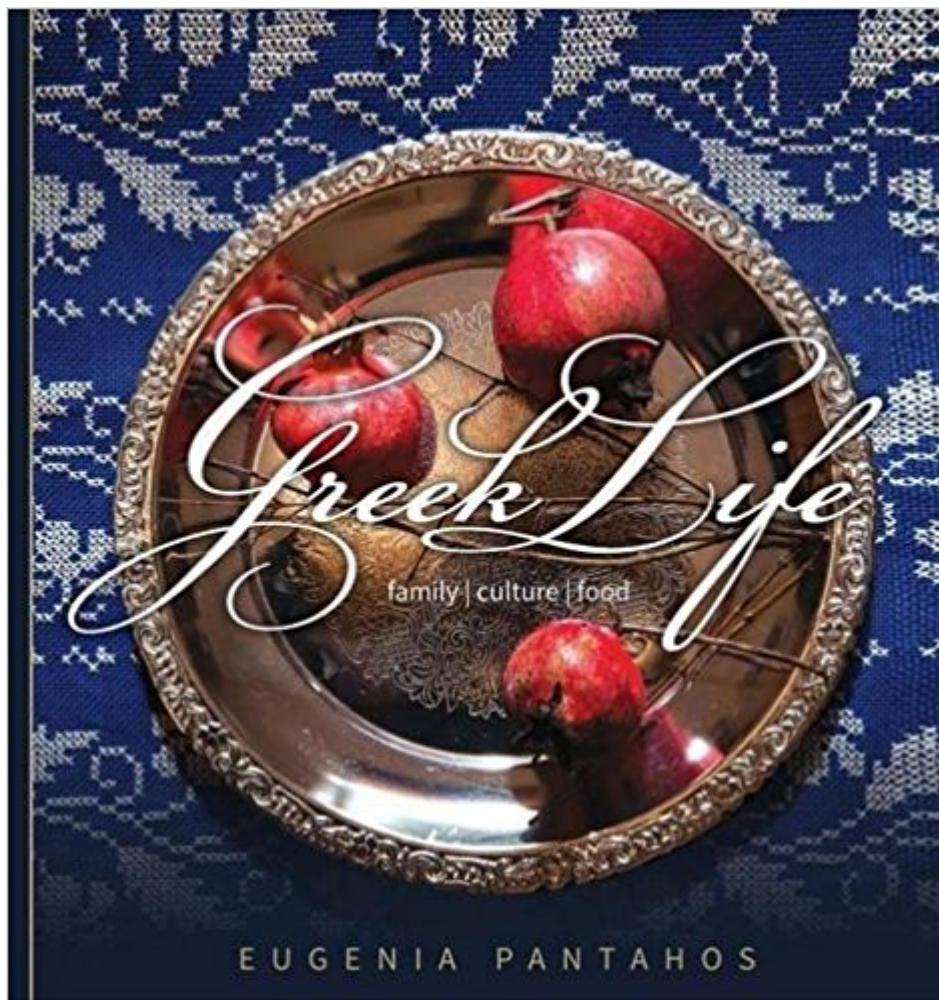




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Greek Life: Family. Culture. Food



Synopsis

A specially prepared trousseau of time-honoured Greek traditions, culture and recipes, lovingly assembled for future generations - to be preserved and not lost, to be embraced and not forgotten, and always to be enjoyed and celebrated. Eugenia Pantahos invites you to go on an extraordinary journey, as she reveals generations of time-honoured Greek customs, traditions, culture and recipes. Unique and inspiring, Eugenia provides us with a feast for the senses as she allows us to share in her celebration of the delightful and inimitable Greek way of life. Eugenia also enchants us with the richness of Greek history, lovingly passed down from one family to another, introducing us to traditions, celebrations and classic recipes that enliven each calendar year, January to December. Beautifully photographed and written with deep passion, *Â Greek Life* is an invaluable reference book. It not only enriches our lives, it imparts, breathes life into and, most importantly, ensures the continuance and handing-on of these authentic and precious Greek traditions. *Greek Life* explains the essence of what it means to be Greek, and how to celebrate with the special spirit and joy of life that the Greeks call Kefi.

Book Information

Paperback: 272 pages

Publisher: Greek Lifestyle; Soft Cover ed. edition (September 1, 2016)

Language: English

ISBN-10: 0992515327

ISBN-13: 978-0992515324

Product Dimensions: 8.5 x 0.7 x 9 inches

Shipping Weight: 1.5 pounds

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #644,476 in Books (See Top 100 in Books) #75 in *Books > Cookbooks, Food & Wine > Regional & International > European > Greek* #155 in *Books > Arts & Photography > Photography & Video > Lifestyle & Events > Lifestyle* #12515 in *Books > History > Europe*

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Excellent recipes and explanations

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